



Indo Korean Orthopaedic Foundation
인-한 정형외과 협회



ARTHROCON 2026

ADVANCES IN KNEE ARTHROSCOPY &
KNEE PRESERVATION



Indo
Korean
Orthopaedic
Foundation

ARTHROCON 2026



SURGICAL
Sessions



Journal of Orthopaedics
Pubmed Indexed- free for
IKOF members



Scientific
Highlights

Save
Your
Dates



PROF. Y. Y. WON
President IKOF

1. Eminent faculties in the field of Knee Arthroscopy & Knee Preservation
2. Live Surgeries Knee Arthroscopy & Knee Preservation
3. Interactive session. 4. Lunch time workshops.
5. PG - Poster Presentation Knee Arthroscopy & Knee Preservation

“LEARN THE LATEST”

ARTHROCON 2026
INTERNATIONAL SYMPOSIUM
(KNEE ARTHROSCOPY & KNEE PRESERVATION)

34th Annual Meet 2026

Date
14th JUNE 2026

Venue
GMC ORTHO FOUNDATION HOSPITAL AUDITORIUM
CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001

Organized by Indo Korean Orthopaedic Foundation
under the auspices of P.K.Surendran Memorial Education Foundation

www.ikof.org | www.jortho.org

VENUE



Y-Knot™ RC

Self Punching All-Suture
Anchor System

With strong frange anchors help overcome trade-offs of
raditional rotator cuff anchors while the NEW - Tape
and Huturs have been shown, 2 to reduce attrition
and tendon than through.



Y-Knot™ Flex

All-Suture Anchors for Instability

The Y Knot Flexsystem for an ant capsular case repairs
helps improve surgical flexibility and access with and
access with small, all-suture anchors that deliver
secure thation with up to 20% less bone removal



Address for Correspondence
Prof. Dr. Gopinathan P, GMC Foundation
west Nadakkavu, Calicut - 673011, Ph: 09447059014
Mail: gopinathan.p@gmail.com



We would like to invite you all for the 34th Annual Meet 2026, organized by Indo Korean Orthopedic Foundation (IKOF) and Pro.P.K.Surendran Memorial Educational Foundation on June 14, 2026 at GMC Foundation Ortho Hospital Auditorium, Calicut, Kerala. The theme for this year meet is **"KNEE ARTHROSCOPY & KNEE PRESERVATION"**.

This symposium aims to cover practically relevant topic in the field of Knee Arthroscopy along with live surgeries, panel discussion on difficult cases and hands on workshop. Eminent national and international master knee surgeons will be sharing their wisdom of knowledge with us.

Indo Korean Orthopedic Foundation aims to develop a podium for interaction of ideas and techniques in Orthopedics. The foundation is giving fellowship training to excel in the state of art techniques in orthopedic surgery. Prof. Ye-Yean Won is the president of Indo Korean Orthopedic Foundation.

We hope to see you all on June 14, 2026 at GMC Foundation Ortho Hospital Auditorium.

Expected Faculties



Prof. Y. Y. WON
President IKOF



Prof. C. HAO CHIU



Dr. IPS OBEROI
Delhi



Dr. ROSHAN WADE
Mumbai



Dr. SWARNENDU SAMANTHA
Kolkata



Dr. RAJEEV RAMAN
Kolktha



Dr. K.N. SUBRAMANIAN
Madurai



Dr. RAGHUVVEER REDDY
Hyderabad



Dr. SANDEEP VIJAYAN
Manipal



Dr. SUGAVANAM
Salem



Dr. RANAJIT PANIGRAHI
Odisha



Dr. NAMDEV
Maharashtra



Dr. C. REX
Coimbatore

PATRONS
Prof. Dr. M. K. Raveendran
Dr. V K Rajan
Dr. Harindranath

COURSE DIRECTOR
Prof. Dr. P. Gopinathan
ORGANISING CHAIRMAN
Dr. Sibir Surendran

ORGANISING SECRETARY
Dr. Mohammed Fazil V.V
CONVENOR
Dr. Anwar Marthya

CO. CONVENERS
Dr. Raju Karuppal
Dr. Abdul Gafoor P.M.
Co. ORGANISING SEC.
Dr. Jyothi Prasanth
Dr. Unnikrishnan

Joint Secretaries
Dr. Azar
Dr. Hizam Naseef E.A.
Dr. Jyothi Prasanth
Dr. Krishnakumar C.M.
Dr. Mohammed Faisal
Dr. Moidu Shameer
Dr. Nikhil

Dr. Prem Kumar
Dr. Prinace Shanavas Khan
Dr. Raashid
Dr. Rajanish
Dr. Sanjay George
Dr. Shameem
Dr. Shanavas K.P.

Dr. Sreejith
Dr. Sreehari
Dr. Sreeshob
Dr. Sujith Jose
Dr. Unnikrishnan
Dr. Vijay Krishnan

Organising Committee

Advanced Concepts in
KNEE ARTHROSCOPY & KNEE PRESERVATION

Venue:
GMC ORTHO FOUNDATION
HOSPITAL AUDITORIUM



ARTHROCON 2026 - TOPICS

14.06.2026 at 8.30AM

ACL

- ACL Primary Repair: Is it a Paradigm Shift?
- Quadriceps Tendon Autograft: The New Gold Standard?
- Lateral Extra-Articular Tenodesis (LET) – current evidence?
- Artificial graft options in knee arthroscopy – wonder or blunder ??
- Single-Stage vs. Two-Stage Revision ACLR – when & how ?
- ACL rehab : From Time-Based to Criteria-Based

- **Live Surgery**
- **Panel Discussion**

PCL

- Isolated PCL Tears: Operative vs Non-Operative Decision Making
- Double-Bundle PCL Reconstruction – Does It Improve Outcomes?
- Chronic PCL Deficiency & Medial Compartment Degeneration – When & how to intervene?
- PCL Avulsion Fractures: Fixation vs. Reconstruction

- **Live Surgery**
- **Panel Discussion**

Meniscus

- Ramp Lesions: Arthroscopic Identification & Repair Strategies
- Radial Tears: Can We Restore Hoop Stress?
- Centralization Techniques for the Extruded Meniscus
- Meniscus Allograft Transplantation – Indications, technique & Survivorship
- Discoid Meniscus in children – Saucerization vs Repair

- **Live Surgery**
- **Panel Discussion**

Knee Preservation

- High Tibial Osteotomy (HTO) in ACL-Deficient & Varus Knees
- Distal Femoral Osteotomy for Valgus Malalignment
- Cartilage Restoration Techniques: Microfracture vs OATs vs MACI
- Panel Discussion on interesting cases

- **Live Surgery**
- **Panel Discussion**

Scientific Advisors

Dr. Abdulla Khaleel
Dr. Hasil
Dr. Hithesh Gopalan
Dr. Jacob Mathew
Dr. Jawahar Aadiraja
Dr. John T John

Dr. Khyas
Dr. Krishnakumar C.V.
Dr. Kumaran C.M.
Dr. Pradeep Kumar
Dr. Prem Haridas
Dr. Rajesh Purushothaman

Dr. Rijesh
Dr. Sameer Ali
Dr. Tony Kavalakkatt
Dr. Sudheer Shareef